

# COVID-19 Infection Prevention Requirements for Clinical Learning Environments

---

1. Before leaving home you must do a self-assessment to determine your wellness
  - a. Do you have any of these symptoms
    - i. Fever – check with thermometer each day, must be under 100.4
    - ii. New Cough
    - iii. New Shortness of Breath
    - iv. New Body Aches
    - v. New Sore Throat
  - b. Are you currently in quarantine or having a test pending for COVID-19
  - c. Have you had any close contact outside of work with
    - i. A COVID-19 positive person
    - ii. Person in quarantine or awaiting COVID-19 results
  - d. Travel: International or cruise within the last 14 days.
  - e. If the answer to any of the above is “Yes” contact your Occupational Health provider and do not come in until you have been assessed and cleared.
2. We are role models, and want to avoid spread in the event of asymptomatic infection
  - a. Wear a cloth mask any time when you are out in public or in the healthcare facility when not engaged in direct patient care.
    - i. This is to protect others in the event you have an asymptomatic infection
    - ii. You may remove your mask when alone in your private office space with the door closed.
  - b. Maintain social distance from others – at least 6 feet , if possible
  - c. Frequently sanitize the high touch surfaces in your environment.
3. Use Precautions for every patient encounter – your patient may be infected, but asymptomatic
  - a. Use a healthcare grade isolation or surgical mask (not a cloth face mask- cloth masks are not considered PPE) for every patient encounter
  - b. Use eye protection (face shield, goggles or safety style glasses) for every patient encounter
  - c. Wash your hands before and after every patient encounter
  - d. Disinfect any equipment or examination tools between patients, including but not limited to:
    - i. Stethoscope
    - ii. Thermometer
    - iii. Reflex hammer
    - iv. Blood pressure cuff
4. For all patients- when patient is undergoing an aerosol producing activity (nebulizer treatment, cough inducing test, high flow oxygen, BIPAP/CPAP, open suctioning) wear N95 mask with eye protection or Powered Air Purifying Respirator if you must be in the room. Avoid entering the room if possible and wait 30 minutes eye protection.
5. If your patient is being ruled out for COVID-19 or is positive for COVID-19
  - a. Add contact precautions to the above – i.e. gown and gloves.
6. Educate patient and family members about the COVID-19, the need to follow national and state guidance to wear a cloth face mask while in public, and to perform frequent hand hygiene.
  - a. Remind them to keep social distance of at least 6 feet from others.

